

Roger Jahnke, O.M.D.

VITAE

Experience

2000-Present Director and Founder, Institute of Integral Qigong and Tai Chi, Santa Barbara, California

- Conducts 200-hour Qigong and Tai Chi teacher certification trainings.
- Lecturer and workshop leader for mind-body integration therapies.

1984 – Present CEO, Health Action, Inc.
Santa Barbara, California

- Redesign of healthcare delivery including comprehensive multidisciplinary medicine and adjunctive health improvement strategies.
- Organizational development and strategic planning of corporate culture, community health self-reliance and medical futures.

1980 –1996 Chief Administrator, Health Action Resource Center,
Santa Barbara, California

- Director of integrative health promotion and clinical services

1977 - Present Doctor of Oriental Medicine
Santa Barbara, California

- Private practice

Education

1981-83 California Acupuncture College, Los Angeles, CA
O.M.D. Oriental Medicine

1978-79 Ohio School of Medical Physiotherapy, Columbus, OH
Master in Physiotherapy Central

1977-80 Ohio State University, Columbus, OH
Course work in Life Sciences

1975-77 Tai Hsuan School of Oriental Medicine, Honolulu, HI
M.Ac. Oriental Medicine

1972-74 North American Acupuncture College, Vancouver, BC
Course work in Oriental Medicine

Education

1965-70 University of Cincinnati, Cincinnati, OH
B.A. Comparative World Literature

Publications

The Healing Promise of Qi, Contemporary Books a Division of McGraw-Hill, 2002
The Most Profound Medicine, Health Action Press, 2nd Edition, 2002
The Healer Within, HarperSanFrancisco, Hardback, 1997; Paperback, 1999
Qigong-Chi Kung -- Awakening and Mastering the Medicine Within You, Video, Health Action, 1997; DVD, 2004
Essentials of Qigong, Video, VisionQuest, 1999

Contributing Writer

Wellness for Life: A Multidisciplinary Approach to Choosing and Sustaining a Happy and Healthy Lifestyle, AOTA Press, 2009
Complementary Medicine in Clinical Practice, Jones & Bartlett Publishers, 2006
Cardiac Illness: Integrative Treatment and Prevention, 1st Edition, Elsevier, 2004
Optimal Digestion: New Strategies for Achieving Digestive Health, Healing Arts Press, 2004
Health on the Edge, Tarcher, 2003
Alternative Medicine Sourcebook, 2nd Edition. Omnigraphics, 2002.
Alternative Medicine: The Definitive Guide, 2nd Edition, Celestial Arts, 2002
Boosting Immunity: Creating Wellness Naturally, New World Library, 2002
Integrating Complementary Medicine into Health Systems, Aspen Publishers, 2001
The Circle of Life Training Manual for the PHASES Program, Health Action Press, 2001
Cancer: The Definitive Guide, Future Medicine, 1997
Definitive Guide to Longevity and Anti-Aging, Future Medicine, 1997
Medical Advisor to Alternative Treatment, TimeLife, 1996

Professional Affiliations

California State Board Licensed Doctor of Oriental Medicine
Diplomate National Certification Commission for Acupuncture and Oriental Medicine (NCCAOM)
Founder and Lifetime Member National Qigong Association (NQA)
Founder and Board Member The Healer Within Foundation
Certified Instructor American Organization for Bodywork Therapies of Asia (AOBTA)
Member Advisory Board for American Tai Chi Association
Member Bottom Line/Women's Health Editorial Advisory Board